

# 8 tips to strengthen password security

1

## Change them regularly

Change passwords at least every 3 months for non administrative users and 45-60 days for admin users

2

## Differentiate them

Use different passwords for each login credential you have

3

## Make them long

Create passwords or passphrases that are at least 15 characters long

4

## Don't share

Avoid generic accounts and shared passwords

5

## Audit regularly

Conduct periodic audits to identify weak / duplicate passwords and change them

6

## Don't personalise

Avoid using information such as birth dates, pet name and sports

7

## Make them difficult

Pick challenging passwords that include a combination of letters (upper and lower case), numbers and special characters

8

## Don't auto-fill

Don't use a browser's auto-fill function for passwords

